

NMSU Teaching Academy Mentoring Program

MENTEE EXPECTATION WORKSHEET

Directions: Use this worksheet to help you develop an understanding of what you expect to gain from your mentoring relationship. Add your own items whenever you do not find them listed.

The reasons I want a mentor are to:

- Receive encouragement and support from more senior faculty
 - Increase my confidence
 - Challenge myself to achieve new goals and explore alternatives
 - Gain a realistic perspective of the academic workplace
 - Get advice on how to balance work and other responsibilities and set priorities
 - Gain knowledge of the unwritten "do's and don'ts"
 - Network
 - Other reasons I want a mentor: _____
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I want my mentor and I to:

- Tour my mentor's labs/facilities, learn about my mentor's projects/activities
 - Go to formal mentoring events
 - Go to each other's classes
 - Exchange scholarship
 - Meet over coffee, lunch, or dinner
 - Go to educational events such as lectures, talks, documentaries
 - Go to local professional meetings
 - Other activities I want to do with my mentor: _____
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I hope my mentor and I will discuss:

- Academic activities that will most benefit my career
 - Promotion and tenure preparation
 - The realities of the academic workplace
 - My mentor's work
 - How to network
 - How to manage work and family life
 - Other topics I hope to discuss with my mentor: _____
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MENTEE EXPECTATION WORKSHEET, *Continued*

The things I feel are off limits in my mentoring relationship include:

- Going to restaurants to meet
- Using non-public places for meeting
- Sharing private aspects of our lives
- Meeting behind closed doors
- Other situations or topics that I feel are confidential or off-limits with my mentor: _____

I hope that my mentor will help me with professional advancement by:

- Opening doors for advancement possibilities
- Introduce me to people who might be helpful to my advancement
- Helping me prepare for tenure/promotion
- Suggesting potential professional contacts for me to pursue on my own
- Critiquing my proposals/tenure packet
- Other ways to help me advance professionally: _____

The amount of time I can spend with my mentor will be, on average:

- 1 2 3 4 hours each week
- 1 2 3 4 hours every other week
- 1 2 3 4 hours each month