Identify and Capitalize on Your Own Productivity “Hot Spots”

Meggin McIntosh
The Ph.D. of Productivity™

Friday, September 21
9:30–11:30 a.m.
OR
1:30–3:30 p.m.
Room 50 Milton Hall

Throughout your days and your weeks, you have “hot spots” where you have the potential to be optimally productive. It is during these times that you can be “in the zone,” working at “Mach 10,” and getting things done that are of the most benefit to you and NMSU.

• When are those times for you?
• How can you track them?

Most importantly, though, is the answer to this question: “How can you take advantage of these hot spots?”

Knowing is one thing. Doing is the other. Let Meggin McIntosh, the Ph.D. of Productivity™, teach you and inspire you to “know” and “do” what will make the most noticeable difference for you.

Participants in this telephone seminar, which includes ample participant interaction, will come away with

• Heightened awareness of the ebbs and flows in your energy, focus, and attention;
• Knowledge of how to recalibrate your work to match your energy;
• Strategies to identify and capitalize on your productivity “hot spots”;
• A visual tool to keep yourself on track;
• And much more!

Meggin McIntosh, Ph.D., known as “The Ph.D. of Productivity™” is giving a command performance just for us here at NMSU. She has presented here numerous times and is always very popular. Meggin is a former teacher, university professor, and founding director of her university’s Excellence in Teaching Program. She is currently (and happily) the president of Emphasis on Excellence, Inc. and says, “I am SUPER excited to bring this class to you. I have been teaching this concept in workshops since March of this year and people are LOVING it and making big changes in their ways of working based on what they discover about themselves. Please join us so you can also begin to integrate this self-understanding into your own professional and personal life.”

Registration is required at teaching.nmsu.edu. If you have problems registering online, call 646–2204 for help.